

CLUB PHILOSOPHY





CLUB MISSION

Columbia Premier Soccer Club is committed to providing opportunities for youth to aspire to their highest level in soccer and in life through competition, teamwork and personal achievement.

COMMUNITY

CORE VALUES



Sharing common values in soccer to create a unified club that contributes to, receives support from, and represents our community.

OPPORTUNITY

CORE VALUES



Creating an inclusive environment for players from all backgrounds to achieve success in soccer and live.

DEVELOPMENT

CORE VALUES



Developing soccer ability and character to support the holistic growth of every individual within a successful team environment.

FUN

CORE VALUES



Finding joy in the effort that we put into training and competition with teammates who share our love for soccer.

RESPECT

CORE VALUES



Displaying appreciation for all aspects of our soccer environment.



PRINCIPLES

1. Our players are the center of our environment. Every decision we make must prioritize their safety and development.
2. Our players experience with Columbia Premier SC is supported by four pillars: Family, Club, Team, and Coach. Each pillar must work collectively to provide an optimal and enjoyable environment for every player.
3. Our players will experience conflict and adversity on their soccer journey. We will resolve conflict and support players through respectful and honest communication with players and families to help develop a growth mindset.
4. Our community is represented on and by every team. Everyone must feel welcome, supported, and respected by and with Columbia Premier SC.



Player Development Philosophy

DEVELOPMENT PHILOSOPHY: We strive to create a fun and competitive environment for each individual player to develop Character, Intelligence, and Soccer Ability during all club activities.

COMPETITIVE PHILOSOPHY: We want our players to have fun competing together. We will push our teams to win at appropriate levels of competition under conditions that support each player's development.

COACHING PHILOSOPHY: Our coaches are leaders, guides, and teachers. We model behavior, support players through challenges, and provide ideas, solutions, and demonstrations to help players find success.

TEACHING PHILOSOPHY: Our coaches work to facilitate development by creating a game-like environment in training and a healthy competitive environment in games that allows each player to make soccer decisions under realistic pressure and to learn from those decisions without fear of failure.



Development Philosophy

We strive to create a fun and competitive environment for each individual player to develop Character, Intelligence, and Soccer Ability during all club activities.

The specific age-appropriate traits we work to develop are contained in the Columbia Premier SC Key Player Qualities.

Development is one of our club's Core Values. We must consistently evaluate the environments that we create to make sure that all of our players are provided the opportunity to develop. General guidance:

- Know the players. Where did they start? What are their strengths? What areas do they need to improve? Where are they going? How are we guiding them there?
- Explore opportunities to meet the needs of the top players on your team by playing up in age or level, or with the opposite gender.
- Provide clear, written, and verbal individual feedback.
- Engage families in understanding the individual players development path.



Competitive Philosophy

We want our players to have fun competing together. We will push our teams to win at appropriate levels of competition under conditions that support each player's development.

Fun is one of our club's Core Values. We all share the responsibility to create an environment in training and on game days that allows our players space to enjoy competition while also learning how to win. Our talent pool often provides us the opportunity to win games at all levels of competition. General guidance:

- Focus on superior preparation, leadership, and teamwork lead to wins; otherwise wins come from superior talent.
- Instill a desire to win. Winning is part of development but should not come at the expense of developing skills and love for the game.
- Reflect on preparation, leadership, and team performance.
- Compete with maximum effort in every game.
- Celebrate wins respectfully.



Coaching Philosophy

Our coaches are leaders, guides, and teachers. We model behavior, support players through challenges, and provide ideas, solutions, and demonstrations to help players find success.

This is the same for every age group. It is a philosophy that guides coaches as they make age and level appropriate decisions. General guidance:

- Provide solutions** instead of displaying frustration.
- Provide constructive feedback** instead of criticizing actions.
- Demonstrate solutions** instead of highlighting failure.



Teaching Philosophy

Our coaches work to facilitate development by creating a game-like environment in training and a healthy competitive environment in games that allows each player to make soccer decisions under realistic pressure and to learn from those decisions without fear of failure.

This is the same for every age group. It is a philosophy that guides coaches as they make age and level appropriate decisions. We will provide more specific age and level appropriate guidance within our methodology resources. General guidance:

- Utilize small-sided games that increase in complexity with level and age
- Functional and tactical input increase with level and age
- Physical periodization begins as players begin to reach Peak Height Velocity
- Set piece training is important beginning with 11v11 competition

DEVELOPMENT MODEL





Soccer Identity

Character:

We are passionate about soccer. We respectfully compete with confidence and resilience whistle to whistle.

Intelligence:

We are leaders on the field. We are intelligent soccer players prepared to make creative decisions at game speed.

Execution:

We execute with speed. We control the ball with a purpose to create and finish chances, we press to regain the ball and take pride in our structure.



Style of Play

Attacking: Dictate the game with the purpose to create and finish chances.

Defending: Take pride in our ability to press our opponents to regain the ball.

Transition to Attack: Exploit opportunities to break opponent down.

Transition to Defend: Manage the moment to deny opportunities to play forward.



Principles

Attacking: Dictate the game with the purpose to create and finish chances.

1. Forward first
2. Numbers ahead and structure behind
3. Create and finish chances

Defending Phase: Take pride in our ability to press our opponents to regain the ball.

1. Forward first
2. Numbers toward the ball and structure behind



Training Sessions

Planned

-Do you have a plan for teaching and coaching in the time and space provided with the number of players present?

Organized

-Are you there in time to organize the session and are you managing the organization based on the needs of the players?

Impactful

-Did the players experience game-like situations in a fun environment that promoted their improvement?



Methodology

7v7 (U8-U10): Developing Character & Technical Execution foundations

Benchmark/Technical Focus - Every session is focused on Dribble Forward/1v1 Dribbling, Pass to a Player/Proper First Touch, Individual Defending, Defending in Pairs, Ball Striking, or Aerial Control.

Character Focus - Every session emphasizes Responsibility, Initiative, or Focus.



Methodology

9v9 (U11-U12): Developing Character & Technical Execution foundations, and Introducing Tactical Principles

Benchmark/Technical Focus - At least one session per week is clearly emphasizes Dribble Forward/1v1 Dribbling, Pass to a Player/Proper First Touch, Individual Defending, Defending in Pairs, Ball Striking, or Aerial Control in connection with the weekly Principle and Tactical Principle.

Character Focus - Every session emphasizes Responsibility, Initiative, or Focus.

Principles - Each week has a focus Principle and each session is generally connected to that Principle.



Methodology

11v11 Transition (U13-14): Training continued Technical Development within the context of Our Soccer Identity, Principles, and Game Model

Benchmark Focus - Age group Benchmarks are integrated into broader development plan considering the Principles identified in team or age group Game Model. Individual player's Benchmark needs addressed via IDP and considered in session planning.

Character Focus - Every session emphasizes Responsibility, Initiative, or Focus. Individual player's KPQs and Traits are addressed via IDP and considered in session planning.

Principles & Tactical Principles - Annual plan considers age group, team specific needs, and player specific needs outlined in Game Model. Every session within Periodization Plan includes Area of the Field, Principle, and, potentially sub-Principle(s).



Methodology

11v11 Transition (U15+): Training to compete and prepare for college recruiting process within the context of Our Soccer Identity, Principles, and Game Model

Benchmark Focus - Age group Benchmarks are integrated into broader development plan considering the Principles and sub-Principles identified in team or age group Game Model. Individual player's Benchmark needs addressed via IDP and considered in session planning.

Character Focus - Every session emphasizes Responsibility, Initiative, or Focus. Individual player's KPQs and Traits are addressed via IDP and considered in session planning.

Principles & Tactical Principles - Annual plan considers age group, team specific needs, and player specific needs outlined in Game Model. Every session within Periodization Plan includes Area of the Field, Principle, and sub-Principle(s). Coaches should connect Tactical Principles and Transition in each session. Set Pieces may be included in session planning at coach discretion.



Methodology

General Rule - Read, understand, and apply Club Philosophy to your training environment. Be prepared, evaluate the players' needs, and serve those needs.

Specific Delivery Methods -

- Director generated session plans (U8-U10, U11-U12 Academy Style Technical Training, House Games)
- Warm up, Small Sided Activity/Game, Expanded SSA/SSG, Scrimmage
- Play-Practice-Play/Whole-Part-Whole
- Rondo, Functional Possession (U11+)
- Pattern Play (limited to specific purpose and 15-20 minutes per session U11+)
- Set Tactical training (functional roles in numbers up/down scenarios)
- Pre-planning intra-club friendlies